Protection of the

Blessed Virgin Mary слава сусу христу!

Ukrainian Catholic Parish

Українська Греко-Католицька Парафія Покрови

Пресвятої Діви Марії

email: BVMChurch@gmail.com YouTube: LIVE.BVMP.ca

tel.: **204-582-7535** (hall: **582-4466**)

Facebook: **BVMCHurch** fax: 204-582-4647

website: BlessedVirginMarv.ca

location & mail: 965 Boyd Avenue / Winnipeg, MB / R2X 0Z9

◆ Office Hours: Mon, Wed, Fri from 10:00 AM to 2:00 PM Office Manager - Sr. Michaila, SSJ

Confessions: before every Divine Liturgy *and* by appointment

Welcome to our Parish! Вітаємо Вас у нашій парафії

March 19, 2023 4-а неділя Великого Посту 4th Sunday of the Great Fast



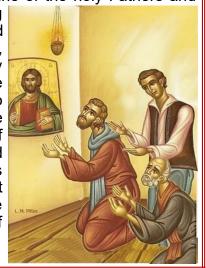
"Only by Prayer and Fasting..."

In present-day Canada, with drive-thrus and buffets on so many corners, and Uber-eats and Skip the Dishes and others willing to bring you food when you can't be bothered to go fetch it, **FASTING** is a word from which many recoil. This does not surprise; the devil has been laughing at our weakness for food right from the time of Adam and Eve. Adam and Eve lived the idyllic life, and were given only one condition: Not to eat that one certain fruit, for an unknown length of time. And they refused. If Eve had been able to hold it together

for a day... a week... (only God knew how long He wanted to test her) she would have changed the course of history.

Fast-forward to today. Praying? maybe -- we can still handle. But fasting? Occasionally feeling a bit hungry during Lent? And for 6+ weeks straight? But when we pull out our Bible and the Lives of the Saints, or do some serious Googling, we discover things that cannot but bolster our resolve. Our Lord fasted for 40 days... before beginning His great mission of salvation. Moses fasted for 40 days ... and obtained for us the 10 Commandments straight from God. He then led his nation to safety, under the guidance of God. St. Francis fasted for 40 days... and look at what his mighty Order of Franciscans have accomplished over the centuries. Victories have been won by near impossible battles after the troops and/or the people were asked to pray and fast. [The terrible war in Ukraine is dragging on and the number of dead and maimed-for-life grows daily. We cling to declarations that "We will win!". We rally and protest and demand that foreign governments send arms, etc. But have we engaged in serious "prayer and fasting" that the enemies of Ukraine would be conquered? This is difficult, but worth doing, not? Fasting added to our prayer, intensifies the prayer and shows our true commitment to the cause. The Lord speaks to that in today's Gospel [in a bold translation that does not shy away from "and fasting"]. This has also been the constant doctrine of the holy Fathers and

others. Tertullian says, "As we refrain from the use of food, so our fasting satisfies God." **St. Cyprian**: "Let us appease the anger of an offended God by fasting and weeping, as He admonishes us." **St. Ambrose** also says, "Fasting is the death of sin, the destruction of our crimes, and the remedy of our salvation." St. Jerome remarks, "Fasting and sackcloth are the arms of penance, the help of sinners." St. Augustine likewise says, "No one fasts for human praise, but for the pardon of his sins." "My friend, the devil is not greatly afraid of the discipline and other instruments of penance. That which beats him is the curtailment of one's food, drink, and sleep. There is nothing the devil fears more. Consequently, nothing is more pleasing to God. Oh! How often have I experienced it! ... - it happened at times that I refrained from food for entire days. On those occasions I obtained, both for myself and others, whatsoever I asked of Almighty God." - St. John Vianney



Helpful Parish Contacts

*No one to take your call? Don't procrastinate, Leave a message!

Parish Office - 204-582-7535

Pastor: Rev. Michael Kwiatkowski,

204-582-7535 ext. 2

Parish Pastoral Council Secretary:

Irena Hanuta 204-297-7814

Catechism Coordinator:

Teresa Hryndzio 204-334-4298

Men's Club: E. John Natyna

204-339-9366

U.C.Women's League:

Janet Kuchma 204-582-5932

Facility Rentals: 204-582-7535

Perogy Volunteers & Orders:

Myron Fedoruk 204-338-7243

Parish News & Events:

- 1. TONIGHT: Catechism 7:30 via Zoom.
- 2. THIS WEDNESDAY. You can do something to directly help the Newcomers who escaped the war in Ukraine to come to Winnipeg. A group of refugee women will be coming to our parish on Wednesday March 22 to use our kitchen facilities to make pasky and holubtsi to sell later as a fundraiser to help refugee families here in Winnipeg and families in Ukraine. A few of our parishioners have come forward to help [thank you!], but these ladies would be happy if more parishioners came out. It would give you an opportunity to brush up on your Ukrainian and them a chance to exercise their English.
- 3. LENTEN RENEWAL in our parish on the Annunciation Weekend 24, 25 & 26 March with Winnipeg's New Auxiliary Bishop BISHOP ANDRIY RABIY! Inspiration to LIVE, Confessions, Fellowship, Spiritual Renewal! Each Evening!
- **4. Lenten offerings: things to know** The envelope in your box for "**Lenten Offering**" will go towards helping the over-15,000 Ukrainian war refugees who have arrived in Winnipeg. Other envelopes called "**Lenten Mission**" will be available at the Mission itself. These are the monies used to help cover the stipend for the extraordinary confessors (visiting priests) and whomever is giving the retreat that year. This year, of course, it will be Bishop Andrij.
- **5.** Men's Club warmly invites you and yours to its Pancake Breakfast on April 2, 2023 (Palm Sunday) after the 10:00 Divine Liturgy and giving out of pussywillows.

Adults: \$8.00 Children 7-17: \$6.00 Children 6 & under: FREE

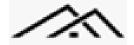
6. Would you like an outside job this summer? Our parish is looking for a **grounds person** to cut the grass, water the flowers, etc. Paid position; set your own hours. Call the office, or talk to Father after service.

News & Events Elsewhere:

- 7. In the event you may read this online in time: You are invited to Landmark, MB this weekend (Saturday, March 18) for the opening of a new facility helping women and children in crisis, called "Hope's Cradle". Meet at the Landmark Fire Hall at 1:30 PM. Just 30 min. drive away -- might be nice to get out for a nice drive.
- **8.** St. Anne's Knights of Columbus **Friday Lenten Fish Frys** are back: March 17, 24 and 31 from 4:00 PM 7:00 PM in the church hall (35 Marcie St.) Come & go, rush seating, no advance tickets required. Take out or eat in. Meals include 2 types fish, (with perogies, fries, corn, trimmings, coffee/tea/juices, desserts). Ladies League Bake Sale occurring during each dinner, along with multiple raffles. Costs range up to \$15. Join us!
- **9**. Immaculate Heart of Mary School (IHMS) Super Spring 50/50 Raffle is **on sale through March**, with the final draw on March 31. The sooner you buy, the more chances you have to win, with Early Bird draws of \$117 each and the final jackpot of 50% of the pot. The last raffle grew to \$26,000, with the winner taking home more than \$13,000! "It's win-win-win! You have the opportunity to win prizes, you'll feel great and most importantly, the students at IHMS will have new technology that supports **creativity** and learning. **To purchase** visit Raffle.Link/IHMS or call 204-942-0443 (M-F, 9 a.m.-4 p.m.). Tickets: 3 for \$10; 50 for \$50.
- **10. St. Anne Parish** Online Spring **50/50** is Back! The last 50/50 winner took home \$4745! Easily purchase tickets online to support your Parish of St. Anne here www.fundingchange.ca/stanne 1 Ticket: \$20; 3 for \$50; 5 for \$80; 10 for \$150 Contact the office: 204-667-9588 or office@stannewinnipeg.ca.
- 11. Mark your calendars and sign up for: Ukrainian Park Catholic Children's Camp: WILD AND FREE! Grab your compass and your gear for a trek into the wild. Put your survival skills to the test, get sand between your toes, and eat marshmallows under the stars. Explore the Ukrainian Catholic faith through the eyes of Daniel and his friends who discovered how God's wild love set them free over and over. The first week of camp is July 2 9th for Grades 7 to 10. The second week is
- July 9 16th for Kindergarten to Grade 6. Cost is \$350/week. Register online at archeparchy.ca under Ministries/Children's Camp. Follow us on Facebook and Instagram: @ukrparkcamp. Interested in being a lifeguard, counsellor, counsellor in training, or adult volunteer? Other questions? Contact Sophia Korban, Camp Administrator, at 204-979-5924 or childrenscamp@archeparchy.ca.

Can you Spare a Prayer?
Besides praying for and contacting and visiting those mentioned on the last page, please kindly remember these in your prayer:

John Kutcher, Eugene Szun, Maria Gorbay, Helen Dolski, Antonina Witrowich Дякуємо!



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907 Main St. Winnipeg, MB R2W 3P2 Tel: 204-956-2193

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Ivan Pecuh

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Winnipeg, MB R2V 4S7

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Jericho Walk

You are invited to join a prayerful walk around

our Legislative buildings

When: Sunday, April 16 2-3:30PM Where: MB Legislative Bldg (SOUTH side) Why: To pray for our politicians and our

country

Who: Everyone welcome!

Jericho walks are peaceful, prayerful rallies asking God to intercede, protect & bring about positive change in the world. Comes directly from the Bible Joshua 6:1-27

GALARNYK Insurance Agency Ltd.

696 McGregor St. Winnipeg, MB R2V 3T8

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M to F: 9 AM-6:30 PM Sat.: 9-2:30 PM

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2023 Youth Winter Games **Knights of Columbus** Time

Event	Date	Location	Time Sign in: 30 Minutes prior to Start Time
Winter Carnival	Feb. 19 Saturday	Immaculate Conception Church Cooks Creek, Manitoba	10:00 am - 4:00 pm
Curling	March 18 Saturday	Elmwood Curling Club (300 Brazier Street)	11:00 am - 1:00 pm Clean indoor shoes on ice
Bowling	April 2 **Sunday	Rossmere Lanes (1042 Henderson Hwy)	3:00 pm - 5:00 pm
Indoor Soccer	April 22 Saturday	Garden City Community Centre (725 Kingsbury Avenue)	9:30 am - 11:00 am Clean indoor shoes on field
Mini Olympics	April 29 Saturday	Immaculate Heart of Mary School (650 Flora Avenue.)	3:00 pm - 5:00 pm Time subject to change/increase time
Awards Banquet	May 12 or 13 TBA	St. Joseph Ukr. Catholic Church (250 Jefferson Avenue)	TBA (All participants and families)



Schedule of Services March 19 to 26, 2023

Sun., March 19

4th Sunday of Lent 4-а неділя Великого Посту

8:00 am - Служба Божа/Divine Liturgy... for a spiritually successful Mission next weekend 9:20 am - 3rd Hour & Rosary

10:00 am - Divine Liturgy... For all parishioners

Mon., March 20 Fathers of Sabbas Romans 12:1-3 Luke 6:31-36	7:20 a.m 1st Hour & Rosary 8:00 a.m Divine Liturgy For ++Марії, Катерини, Софії, Григорія, Стефана, Микола, Володимира, Ігора, Євгена та всіх прочих з родини. від Евгенії Булки		
Tues., March 21 Confessor James Ephesians 4:14-16 Luke 6:24-31	7:20 а.m 1st Hour & Rosary 8:00 а.m Divine Liturgy За здоров'я і Боже благословення за сина Зеня, Євгенію, Павлуся, Зевена, Кісю, Євгенію та Зеновія від Евгенії Булки		
Wed., March 22 Priest Martyr Basil Ephesians 4:17-25 Luke 7:36-50	7:20 a.m 1st Hour & Rosary 8:00 a.m Divine Liturgy For +Anna, Petro, Stefania, Kateryna, Yaroslav, Maria, Volodymyr, Maria, Mykhaylo, Yosyf, Volodymyr by Anna Geryluk 7:00 p.m Way of the Cross / Хресна Дорога		
Thurs., March 23 Venerable Nicon Ephesians 4:25-32 Luke 13:1-9	7:20 a.m 1st Hour & Rosary 8:00 a.m Divine Liturgy For +Helen, +Sophia & +Volodymyr by Dmytro Sikora		
Fri., March 24 Venerable Zachary 2 Cor. 5:10-15 Luke 12:42-48	7:20 a.m 1st Hour & Rosary 8:00 a.m Divine Liturgy For blessings upon all Benefactors of our Parish, especially our Bulletin Advertisers (3 of 3) 6:00 p.m. Confessions 7:00 p.m Way of the Cross / Хресна Дорога First Reflection; Coffee,		
Sat., March 25 ANNUNCIATION Hebrews 2:11-18 Luke 1:24-38	8:20 a.m 3rd Hour & Rosary 9:00 a.m Divine Liturgy Since it's a major feast, but only for those who absolutely 6:00 p.m. Confessions 7:00 p.m Festal Divine Liturgy Second Reflection; Coffee, Fellowship		
Sun., March 26	5th Sunday of Lent 5-а неділя Посту		



VIGIL LAMPS

10:00 am - Divine Liturgy... all parishioners MISSION CONTINUES!

Sanctuary Lamp/Вічна Лямпа -- In loving memory of Andrij Witrowicz (16 years), by wife Antonia and daughter Erena

Christ Icon — In loving memory of **Andrij Witrowicz** (16 years), by wife Antonia and daughter Erena Mother of God Icon - For health and God's blessings for our good friend Patricia Barry who is having surgery March 27, from Emily Kokolsky and family

Request Vigil Lamp at least a week ahead. A beautiful way of praying, knowing the candle burns for a week for your intention.

9:20 am - 3rd Hour & Rosary (немає СБ о год. 8:00)



Donations from March 12, 2023:

Sunday collections: \$730

(25 env.)

Candles: \$61.10 Seminary \$-Vichna Lyampa. \$-

Ukraine: \$20

Lenten offering \$70 Easter flowers: \$440 Kuryk-Serray in mem. of Msgr Michael Buyachok: \$150 100th ann: **\$1000** (M.

Third Reflection; Coffee, Fellowship

Dmytryshyn) Дякуємо за

вашу щедрість!



Please pray for the sick and shut-in members of our Blessed Virgin Mary parish, and be in touch with them when you can (cards, short telephone conversations, visits).

"Lord God, please be present to all the ill, infirm and elderly of our parish. You love each and everyone....'

River East Care Home: Edward Holowich Maples Care Home: Anna Paslawsky, Eleanor Harik **Beacon Hill:** Helen Naherny Holy Family Home: Lorraine Putasnick, Adam Romanchuk,

Fr. Yakowchuk, Mary Henkewich, Helena Dubik, Mary Kozelko