



Protection of the

Blessed Virgin Mary

СЛАВА ІСУСУ ХРИСТУ!

Ukrainian Catholic Parish

Українська Греко-Католицька Парафія Покрови

Пресвятої Діви Марії

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☛ **Office Hours:** Mon, Wed, Fri from 10:00 AM to 2:00 PM

Office Manager - Sr. Michaila, SSJ

Confessions: before every Divine Liturgy *and* by appointment

Welcome to our Parish! Вітаємо Вас у нашій парафії

1st Sunday of the Great Fast

26 February 2023

1-а неділя Великого Посту

Prayer for Ukraine 24 February 2023

A Prayer for Ukraine at this time of War 2023

Lord God, in your love and mercy we humbly implore you to grant an end to the terrible war in Ukraine. May a true peace be restored to the people and may the Ukrainian Nation be blessed with the fulfillment of her aspirations to live in harmony and give glory to You at all times.

Your Apostle Andrew foretold of a great people of faith and You Yourself granted Ukraine the gift of faith that has not wavered since the reign of Saint Volodymyr. Renew this faith in the hearts and souls of Your people at this very dark hour of death and destruction.

May the Mother of God once again spread her mantle over all Ukraine as she did once at Pochaiv and may Saint Michael the Archangel defend Ukraine in battle from all evil. We place our hope in You Lord. We trust in Your Will. Amen.



*St. Michael the Archangel
Patron Saint of Ukraine and
the capital Kyiv*

*св. Архистратиг Михаїл
Покровитель України та її столиці,
Києва*

Молитва за Україну 24 Лютого 2023

Молитва за Україну в цей час війни 2023

Господи Боже, задля Твоєї любові та милосердя смиренно благаємо Тебе, зупини війну в Україні. Даруй правдивий мир людям і нехай Твоє благословення зійде на український народ на словення його сподівань, щоб жити в згоді і повсякчас прославляти Тебе Бога нашого.

Святий апостол Андрій, передвіщав про народ великої віри, і Ти Господи ще з моменту Володимирового Хрещення є джерелом непохитної віри українського народу. У цю темну годину смерті і руйнування, просимо віднови в серцях і душах народу Святу Віру.

Пресвята Богородице, як і колись у Почаєві, повсякчасно покривай всю Україну своїм омофором. Святий Архангеле Михаїле борони її від усього злого. Усю нашу надію покладаємо на Тебе Господи, довіряємо Твоїй Волі і Твоєму Провидінню. Амінь



“Can anything good come from Nazareth?”

This question almost makes us chuckle today.... but how could Nathaniel have known yet that Our Lord Jesus Christ and His family -- our Blessed Mother and his foster-father St. Joseph - lived there for decades, and had surely been praying for us all for years! Philip was indeed surprised by what came out of little Nazareth.

And even today, Nazareth has surprises: Did you know that the huge Basilica there, named in honour of Our Lady's Annunciation, has on its walls icons and paintings from many different countries honouring her? Our Ukraine is included! Look

at the beautiful icon above, a rendition of our icon of Zarvanytsia, gifted to the Nazareth basilica in the Holy Land.

In today's Gospel, Nathaniel made a bit of a rash assumption in his wry remark to Philip. This holy season of the Great Fast -- Lent -- perhaps one of our resolutions could be fasting from rash assumptions, especially about others. Can we do more to help others understand us? Are we asking enough questions before “deciding”? Are we getting the clarity we need to understand the other person? Are we apologizing when we realize we did a sloppy job of trying to understand the other person? Is our speech clear and to the point?

Your listening might be crucial to the other person. A man named Wayne Trotman once ruminated: “Imagine how many suicide victims would still be with us, if only the right person said the right thing, at the right time.” And one more: One of the nicest quotes from Abraham Lincoln is: “I don't like that man. I must get to know him better.” How's *that* for a Lenten resolution?

Parish News & Events:

1. **TODAY** -- our monthly **Coffee Sunday!** Come prepared to stay and enjoy.
2. **TONIGHT: Catechism 7:30 via Zoom.**
3. This **Thursday, March 2:** note that there will be no Divine Liturgy in the morning, but instead at **6 PM.** This will be followed by the **Men's Club Meeting.** All are welcome to attend!
4. Plan to take advantage of an extraordinary **LENTEN RENEWAL** in our parish on the **Annunciation Weekend - 24, 25 & 26 March, 2023** with Winnipeg's New Auxiliary Bishop - **BISHOP ANDRIY RABYI!** Words of Inspiration, Confessions, Fellowship, Spiritual Renewal!
5. **ART AUCTION to help Ukraine:** Watch the website of **Oseredok.** An Online Auction will take place on March 12-20, 2023. The art pieces are to be exhibited at Oseredok only on March 11th. See www.oseredok.ca.



2023: THE BEST GREAT FAST EVER!

1. Read the Divine Liturgy readings **BEFORE** going to church on Sundays.
2. Come spend some silent time of adoration before the Blessed Sacrament. In our church: come a half-hour earlier than you usually do, for services, both Sundays and during the week.
3. Spend less. Pick one type of expenditure that you'll "fast" from during Lent, and then give the money you would usually spend to, oh, helping the Ukrainian newcomers.
4. Do 40-something: 40 days of letter writing, 40 acts of kindness, 40 phone calls to the important people in your life.
5. Tape a new prayer to your computer, and never start surfing or e-mailing until you've read it out loud.
6. Go to (or watch) a weekday Divine Liturgy/Mass one day during the week. Find one on the other side of the world.
7. No cross in your house or apartment? Buy a simple one and **PUT IT UP** in a prominent spot.
8. Do you have your own blog? Instagram? Post a thought-inspiring photo or message each day.
9. Instead of turning on a streaming service for your next binge-watching session, read the entire Gospel of Mark in one sitting. As the shortest Gospel, it is the most concise story of Jesus' life, and the cross, a central Lenten symbol, plays an even more prominent role than in the other Gospels.
10. Don't miss a single Way of the Cross on Fridays.
11. Create your own Friday family fish fry.
12. When you're in your car driving, don't turn on the radio, but pray Hail Marys for people you know.
13. Buy a book of daily reflections and keep it by your bed.
14. Think about a habit that has kept you from being whom God is calling you to be. Consciously give up that habit for Lent.
15. If you feel comfortable volunteering in person, help package meals at your local soup kitchen or stock shelves at a food pantry. If you'd rather volunteer from home, reach out to your parish to see how your skills might help serve one of the church committees.
16. Decide once and for all to **FAST** from insensitive, cruel comments about others. **NO** gossiping or going down the Twitter rabbit hole.
17. Start a little "holy book club" just for Lent, with some of your favorite people.
18. Don't forget Lenten almsgiving: Make a point to learn more about a particular social issue (immigration, human trafficking, racism, the environment, public education, child poverty). Give money to an organization related to your chosen issue that supports the dignity of the human person.
19. Get to know your neighbors. Introduce yourself, plan a dinner, or bring food to an older person on your block.
20. **Confession! Confession! Confession!** And make it as if it is the last one you will ever make. (adapted from Busted Halo blog)

Did you hear? Our Ukrainian Catholic Church in Ukraine has decided that, as of Sept. 1 this year, we will from now on celebrate Christmas and all **fixed** feastdays on the "New Style", so that we can celebrate together. (NOT Easter yet, mind you.)

Helpful Parish Contacts

***No one to take your call? Don't procrastinate, Leave a message!**

Parish **Office** – 204-582-7535

Pastor: Rev. Michael Kwiatkowski,
204-582-7535 ext. 2

Parish Pastoral Council Secretary:
Irena Hanuta 204-297-7814

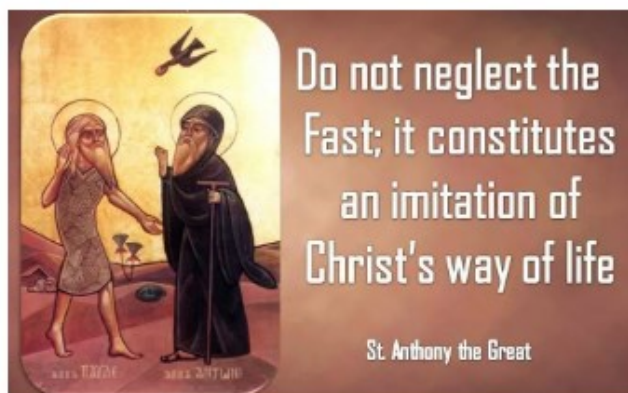
Catechism Coordinator:
Teresa Hryndzio 204-334-4298

Men's Club: E. John Natyna
204-339-9366

U.C. Women's League:
Janet Kuchma 204-582-5932

Facility Rentals: 204-582-7535

Perogy Volunteers & Orders:
Myron Fedoruk 204-338-7243



UKRAINIAN CATHOLIC BISHOPS IN CANADA MARK ONE YEAR SINCE THE RUSSIAN INVASION OF UKRAINE

Today, on our calendars we mark a year since a new stage of the Russian-Ukrainian war began with brutal cruelty and destruction, cynicism and falsehood. Every day of the past year has been a repetition of February 24, adding to the bitter statistics of losses and multiplying the grief experienced by many. Thousands of innocent men, women and children have lost their lives; many have been tortured, held in prisons and camps, and forcibly deported. Millions are forced to wander around the world, having lost everything, seeking refuge far from their homes. Many cities and villages have been erased from the face of the earth, leaving only traces in the history and memory of those who lived there. Countless are the deep emotional wounds from the losses, tragic memories, and longing for relatives, inflicted by the war on those who survive and are suffering - especially the children!

This war is not limited to the context of armed battles, but also occurs in the struggle for consciences, spiritual values and ideals with all the evils that war entails. Most importantly, it requires from everyone a clear choice for good or evil. The war challenges us to demonstrate our love for Ukraine, for its God-given freedom, political and human rights. War challenges the very sincerity of our love for our neighbor and the Lord God. Every Ukrainian in and outside of Ukraine is called to discover a deeper awareness of his or her national, political and ethnic identity. The enemy is everyone who wants to stop this process and plant other values which contradict the truths of the Christian faith, the foundations of our spirituality and our Ukrainian identity. And they are looking for all kinds of insidious ways to achieve their goals.

We, the Ukrainian Catholics in Canada, call upon all people of good will to steadfastly resist the spread of the evils of war, the killing of innocent people, and the destruction of the nation of Ukraine. Let us draw our strength from the Lord at all times in our struggle (cf. Ps. 26:1). As the Apostle Paul says, let us gird ourselves with the belt of faith and take the armor of justice, the shield of faith, the helmet of salvation and the spiritual sword to "resist the wiles of the devil" and "against the principalities, against the authorities, against the rulers of this world of darkness, against the spirits of malice in the heavenly spaces" (Eph. 6:11-12). Fervent and constant prayer to the Lord is our weapon against which enemy forces are powerless, and with it we draw the grace of God. We pray not to succumb to feelings of hopelessness and oppression, excessive worries and cares (cf. Ps. 137:7).

Let us take the psalmist's words "Your word is a lamp to my feet, and a light to my path" (Ps. 118:105) closer to heart and listen to God's voice in our lives. The word of God teaches us goodness, truth, love, understanding and ability to make right decisions that are sometimes very difficult, especially during times of deep tragedy and loss. In His word, we will find God who is near to us in solidarity, offering us comfort and healing.

Let us continue our works of mercy for the needy in Ukraine and those who seek refuge here in Canada, as a humble manifestation of our sincere faith and for the greater glory of God. In doing so, we share the time and talents with which the Lord has blessed us, knowing that everything will return a hundredfold. By giving temporal goods now, we will receive eternal goods in the future.

In solidarity and compassion with our brothers and sisters in Ukraine, who continue to suffer from the lack of food, water and other basic necessities of life due to the ongoing war, let us renew our practice of fasting and abstinence to remind ourselves of the many blessings we enjoy in our peaceful, daily lives here in Canada.

More than ever, we need to support each other through prayer, kind words and good deeds. A person who receives something

through you will thank the Lord and praise Him always. "Let your light so shine before others that they may see your good works and glorify your Heavenly Father" (Mt. 5:16).

The outcome of this war is crucial and will have global significance and consequences. We pray for victory, which will be realized only when we put all our efforts together. Let us unite, pray, and work for the common good! Let this Lenten season be an opportunity to reach new spiritual heights and to better ourselves so that we can carry out our part in bringing to an end the tragedy of war.

May God bless the Ukrainian people both in their homeland and throughout the world. May He grant them the strength of a strong Christian faith, of enduring good health and the support of a multitude of people of good will. May He grant victory over evil and peace to Ukraine!

Sincerely Yours in Christ,
+ **Lawrence Huculak**, OSBM
Metropolitan of Winnipeg,

+ **David Motiuk**
Bishop of Edmonton,
New Westminster

+ **Bryan Bayda**, CSSR
Bishop of Toronto

+ **Andriy Rabyi**
Auxiliary Bishop of Winnipeg

 <p>Ruslan Construction Professional Metal Roofing/Siding Manufacturing & Exterior Construction <i>Locally-made products</i> 204-294-7372 ruslanconstruction.com</p>	 <p><i>"Independently Owned"</i> 1442 Main St. Winnipeg, MB 1800 Day St. Transcona, MB Tel: 204-586-8044 <i>Serving the Ukrainian Community for over 50 years</i> www.cropo.com</p>
 <p>KARPATY MEATS & DELI <i>Fresh Homemade Sausages</i> 536 Bannerman Ave. (McGregor) Winnipeg, MB R2W 0V6 Mon.: Closed Tues: 8 AM-5 PM Wed-Fri: 8 AM - 6 PM Tel: 204-586-1395</p>	 <p>950 Main Street 1375 Grant Ave. 1341-A Henderson Hwy. 1-850 Regent Ave. W. 310 Leila Ave Mon-Fri 9:30 am - 5:00 pm (Leila branch also open Sat.) 1940-2022 204-989-7400 carpathia.ca</p>
	 <p>907 Main St. Winnipeg, MB R2W 3P2 Tel: 204-956-2193 245 Railway Ave. Vita, MB R0A 2K0 Tel: 1-204-425-3114 info@korbanchapel.com www.korbanchapel.com <i>Serving the Ukrainian Community for over 45 years</i></p>
	 <p>COLLISION CENTER <i>Ivan Pecuk</i> 811 Murray Ave. Winnipeg, MB R2V 4S7 Tel: 204-334-4754 Fax: 204-338-3705 <i>Collision, Glass replacement, Restoration, Insurance Claims</i></p>
<p>Want to advertise a business? Make a statement? Share some message? (e.g. "I love my wife! - Ivas' Kapusta"... "Орися та Никанор заручені та плануємо одружитися цієї осені! Будь ласка, моліться за нас!") This spot can be yours for a reasonable annual fee.</p>	<p>GALARNYK Insurance Agency Ltd. 696 McGregor St. Winnipeg, MB R2V 3T8 204-582-7891 M to F: 9 AM-6:30 PM Sat.: 9-2:30 PM <i>Serving the Community for over 55 years!</i></p>

Schedule of Services Feb. 26 to March 5, 2023

Sun., Feb. 26 **1st Sunday of Lent** **1-а неділя Великого Посту**
 9:20 am - 3rd Hour & Rosary
10:00 am - Divine Liturgy... For all parishioners

Mon., Feb. 27 7:20 a.m. - 1st Hour & Rosary
Confessor Procopius **8:00 a.m. - Divine Liturgy... For + Poor Souls in Purgatory**
 Romans 15:1-7 *by Dmytro Sikora*
 Matthew 18:10-20

Tues., Feb. 28 7:20 a.m. - 1st Hour & Rosary
Confessor Basil **8:00 a.m. - Divine Liturgy... For +John Rydzygowski (6 yrs.)**
 Galatians 6:2-10 *by wife Bogusia Rydzygowski*
 Matthew 4:23-5:13

Wed., March 1 7:20 a.m. - 1st Hour & Rosary
Venerable Martyr Eudokia **8:00 a.m. - Divine Liturgy... For ++Anna, Petro, Stefania, Yaroslav, Maria,**
 2 Cor. 6:16-7:1 Volodymyr, Maria, Mykhaylo, Yosyf, Volodymyr *by Anna Geryluk, Toronto*
 Matthew 5:20-26 **7:00 p.m. - Liturgy of the Presanctified Gifts**

Thurs., March 2 NO MORNING LITURGY
Priest martyr Theodotus 5:30 p.m. - Rosary
 1 Cor. 10:5-12 **6:00 p.m. - Divine Liturgy... For +An Van Nguyen** *by Issigonis family*
 Matthew 5:27-32 **followed by Men's Club meeting**

Fri., March 3 7:20 a.m. - 1st Hour & Rosary
Martyr Eutropius **8:00 a.m. - Divine Liturgy... For +Stephanie Bilyj (5 yrs)** *by daughters Diane &*
 Romans 12:6-14 *Adnrienne, and grandson Michael*
 Matthew 5:33-41 **7:00 p.m. - Way of the Cross/Хресна Дорога**

Sat., March 4 8:20 a.m. - 1st/3rd Hour & Rosary
All Souls Saturday **9:00 a.m. - Divine Liturgy**
 Hebrews 1:1-12 **followed by Panakhyda (Sorokousty)... as requested by parishioners**
 Mark 2:23-3:5

Sun., March 5 **2nd Sunday of Lent** **2-а неділя Посту**
8:00 am - Служба Божя/Divine Liturgy
 9:20 am - 3rd Hour & Rosary **10:00 am - Divine Liturgy... all parishioners**



The devil is very, very clever. The more determined we are to improve, and even to become holy, the more his glance turns to us. And he tempts us right when we are the hungriest, the weakest, or in the most pain. We think, "Ach! I've had enough of this. I want to get rid of this hunger right now." And so many of us give in right when we could have, should have, held on for another hour or two until supper time. These are the small temptations... but we need to graduate from these, to be able to say "No!" to the big temptations. Notice how the devil comes to Jesus in the desert, after 40 days, when Jesus is the weakest. Thank you, Lord, for staying strong for us that day! What graces You obtained for us, for the whole world, that day!

And not just food. Here is a story about temptation of another kind.

William Willimon in his book "What's Right With the Church" (1985) tells about leading a Sunday School class that was studying the temptation of Jesus in the wilderness. After careful study and explanation of each of the three temptations, Dr. Willimon asked, "How are we tempted today?" A young salesman was the first to speak. "Temptation is when your boss calls you in, as mine did yesterday, and says, 'I'm going to give you a real opportunity. I'm going to give you a bigger sales territory. We believe that you are going places, young man.' 'But I don't want a bigger sales territory,' the young salesman told his boss. 'I'm already away from home four nights a week. It wouldn't be fair to my wife and daughter.' 'Look,' his boss replied, 'we're asking

you to do this for your wife and daughter. Don't you want to be a good father? It takes money to support a family these days. Sure, your little girl doesn't take much money now, but think of the future. Think of *her* future. I'm only asking you to do this for them, the boss said." The young man told the class:

"Now *that's* temptation."

VIGIL LAMPS

Sanctuary Lamp/Вічна Лямпа -- for health and blessings for my mother **Antonia Witrowych** *from daughter Erena Witrowych*

Christ Icon -- for health and blessings for my mother **Antonia Witrowych** *from daughter Erena Witrowych*

Mother of God Icon -- for health and blessings for my mother **Antonia Witrowych** *from daughter Erena Witrowych*

Request your Vigil Lamp intention at least a week ahead of time. What a beautiful way of praying, knowing the candle burns for a week for your intention.



Please pray for the sick and shut-in members of our Blessed Virgin Mary parish, and be in touch with them when you can (cards, short telephone conversations, visits).

"Lord God, please be present to all the ill, infirm and elderly of our parish. You love each and everyone..."

River East Care Home: Edward Holowich **Maples Care Home:** Anna Paslawsky, Eleanor Harik

Beacon Hill: Helen Naherny **Holy Family Home:** Lorraine Putasnick, Adam Romanchuk,
 Fr. Yakowchuk, Mary Henkewich, Helena Dubik, Mary Kozelko